

Post-op Instructions for Tympanostomy Tubes Placement

- Ear drops will be given to your child after surgery (Ciprodex otic). Use 4-5 drops in both ears twice a day for 3-4 days or as instructed by your physician.
- This procedure is not significantly painful. No pain medications will be prescribed. Tylenol should relieve any discomfort.
- It is normal to have some drainage and even a small amount of bloody drainage from the ears following surgery.
- It is normal for a child to pull or tug at their ears following surgery. Usually this is temporary and occurs because the child has had fluid in the ears and the removal of the fluid feels strange to them.
- Your child may be sensitive to noise for a few days after surgery
- It is best to keep your child's ears dry; however, a little clear water will do no harm. Use some type of water protection (ear plugs) in pools and lakes. Ear plugs are available for purchase at our office, if needed.
- After surgery the tubes will usually stay in for 6-24 months. They usually fall out on their own, unnoticed.
- The doctor will want to see your child two weeks after surgery and then every four months until the tubes fallout.
- The day after surgery the child may resume normal activity.
- Call the doctor if you have concerns. Call if you notice yellow, green or foul smelling drainage from the ear.